

Admission Into the Program

Admission into the Intensive Outpatient Treatment Program may be made by professionals, family members or patients by calling the Assessment and Referral Office at (803) 796.9911 or toll free at 866.796.9911.



Schedule A No-Cost Assessment Today

For more information on the Intensive Outpatient Program or to schedule a no-charge assessment, contact the Assessment and Referral Office at:

| | |
|-----------------------|---------------------|
| Phone | 803.796.9911 |
| Toll-free | 866.796.9911 |
| Admissions Fax | 803.926.9582 |

THREE RIVERS BEHAVIORAL HEALTH
MAIN CAMPUS
2900 Sunset Boulevard, West Columbia, SC 29169

Three Rivers Behavioral Health is owned by **PSI** Psychiatric Solutions, Inc. and is accredited by The Joint Commission, certified by Medicare, Medicaid and TRICARE, and licensed by the South Carolina Department of Health and Environmental Control. We are members of the South Carolina Hospital Association, the Lexington Chamber of Commerce, and maintain academic affiliations with the University of South Carolina and Midlands Technical College.

Intensive Outpatient Program for the Treatment of Chemical Dependency



THREE RIVERS

BEHAVIORAL HEALTH

At Three Rivers Behavioral Health, we are acutely aware that chemical dependency not only destroys potential—it can destroy lives. However, with successful intervention we can help patients find the control, strength and coping skills they need to successfully fight addiction.



Keeping A Normal Routine with Outpatient Treatment

The **Intensive Outpatient Program** is best for those patients who are beginning recovery or maintaining recovery. Specifically, this program is designed for patients who do not need inpatient detoxification or other inpatient treatment. This program allows patients to remain at home and maintain a regular work or school schedule while engaging in comprehensive treatment for substance abuse problems. The program is administered by a multi-disciplinary team of mental health professionals.

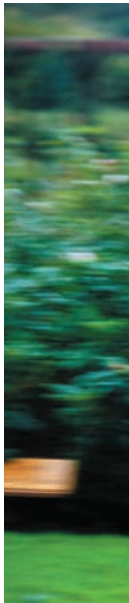
The program provides a multifaceted treatment approach that includes:

- **12-Step philosophy of recovery**
- **cognitive behavioral treatment techniques**
- **motivational enhancement techniques**
- **family education groups**
- **multi-family therapy groups**

Family members are vital to the treatment process! In education groups, they learn about addiction, enabling and detachment. They find that they are not alone and take support from others who understand their feelings. Within the multi-family sessions, families practice new and effective ways of interacting with their chemically dependent loved ones.

The duration of the program can vary depending on the individual patient. Once accepted into the program, the patient meets with his/her assigned counselor to develop an individualized treatment plan.

Upon successful completion of the treatment plan, participants and families are encouraged to continue in weekly after care groups with a Certified Addiction Counselor for up to one year. There is no additional charge for after care services.





Intensive Outpatient Treatment Program

meets on Monday | Tuesday | Wednesday | Friday | 5:30 - 8:30 pm
with a Family Group Meeting on Tuesday night



The **Intensive Outpatient Treatment Program** is tailored to the special needs of chemically dependent persons. Participants are educated about the nature and dynamics of addiction and recovery. They learn to identify relapse triggers as they build individualized relapse prevention plans. With the support of our staff, they begin to repair damage done to their families while in active addiction.

